

To mitigate the spread of COVID-19 at Rising Light Ridge (RLR), the following policies and procedures will be in place. Campers at Summer Camp, staff members and guests for retreats and other events. Please contact the VP of Operations and Programming if you have questions or concerns about the following guidelines.

Before and During Arrival

- 1. All participants will sign a waiver during registration assuming the risk that goes with being at RLR during the pandemic.
- 2. All participants will be asked screening questions upon arrival to camp including: Have you been in contact with someone who has received a positive COVID test in the last 14 days? Do you have any unexplained respiratory issues or a cough?
- 3. Two weeks prior the your session you will receive an affidavit to be signed and brought to registration and confirming a negative test within the past 72 hours or has been exposed to a person having a positive test within the past 10 days.
- 4. All participants will receive a temperature check with a no touch thermometer.

Post Program Communication

- 1. Participants are asked to communicate immediately to RLR if they experience symptoms or receive a positive COVID test result within 7 days of returning home.
- Participants and appropriate health officials will be notified if there is a positive case of COVID-19 related to a participant who attended camp. Notifications will be delivered by email and contact information will be confirmed during registration.

Hand Sanitizing

There are sanitizing stations available around RLR. Participants are encouraged to sanitize their hands when hand washing is not available. All staff will also carry hand sanitizer.

Hand Washing

Participants will be taught the appropriate way to wash hands at the beginning of each camp session or retreat. Hand washing will occur before meal times, after restroom times and multiple other times a day. If a participant is observed sneezing or coughing in their hands they should be asked to wash their hands, and if necessary, see the health care professional.

Social Distancing and PPE

- 1. Program activities will allow for and encourage distancing with the understanding that PPE will be worn when participants are close (less than 6 feet) and outside of their family group.
- Acceptable face coverings will be worn. RLR will provide a cloth mask. Participants can wear approved mask or RLR provide mask. Medical exceptions will be considered for a case by case basis.

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- 3. In indoor spaces (healthcare center), PPEs should be worn when social distancing cannot happen or when family groups are mixing.
- 4. In outdoor settings, PPEs should be worn when social distancing cannot happen or when family groups are mixing.

Monitoring Symptoms

- 1. Participants, staff, and volunteers are encouraged to monitor symptoms of themselves and those in their care. If any participant, staff, or volunteer is feeling unwell they are to see the healthcare professional on duty.
- 2. If participant is showing symptoms or have a fever 100.4 they will be isolated by the healthcare professional on duty. If a participant is found with a temperature at or above 100.4* they will be sensitively moved to an isolation area for further evaluation.
- 3. While in isolation, symptoms will be monitored. After 30 minutes of resting and hydrating, if a temperature persists or the participant has other symptoms the nurse or healthcare professional will contact the participant's emergency contact. The emergency contact will pick up the participant. The participant must have a negative COVID test or a note from a medical provider stating they may return to camp.
- 4. If the healthcare professional determines that there is an emergency, 911 will be called and the participant's emergency contact will be notified.

Sanitizing of Spaces

- 1. After meal times, tables will be cleaned with warm water and soap, followed by disinfecting spray at each table and chair.
- 2. At the playing field, equipment will be sanitized after each use.
- 3. In tents during summer camp, all commonly touched surfaces will be sanitized after breakfast. This includes inside areas of the tents and cots.

Small Groups

Family Groups are designated upon arrival at camp. These groups should be maintained while at RLR, utilizing PPE and distancing when unable to maintain a distance of 6 feet.

Temperature Check/ Symptom Assessment

1. All participants, including staff, will have their temperature checked upon arrival and every morning. During this time the Healthcare Professional will ask the following questions:

How are you feeling?
Have you had a headache?
Have you had any unexplained coughing?

Have you had any chills?

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Do you have any other symptoms that feel different?

Outdoor Spaces

RLR programs will be conducted almost entirely be outdoors, gathering in the fresh air.

Health Care at RLR

Each camp's healthcare professional receives a briefing regarding health and safety, logging and monitoring while at RLR. Procedures include: daily screening, processes for evaluating and managing symptomatic campers and staff; and, response, communication with families, and reporting requirements.

Financial Policies

Issue a full credit to subsequent programming as space allows. If a participant that needs to leave as a result of illness will be offered a prorated credit to subsequent programming as space allows.

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