

# THRIVE

## RISING LIGHT RIDGE



### SUMMER CAMPS 2021

Rising Light Ridge is a ministry  
of The Tim Tebow Foundation

### JAMES HILLIARD

VP of Operations and  
Programms

### MATT ANDERSON

President & CEO



We recognize that your children are your most precious, valuable and prized responsibilities. Our goal is to protect the spiritual, emotional, and physical well-being of your children during their time at Rising Light Ridge.

To meet that goal, we train our staff to foster community in their small groups, build trust among campers, and to help each camper to feel comfortable in unfamiliar surroundings. Campers are encouraged to share their ideas and to be themselves without the fear of ridicule or embarrassment from others. We teach our staff and campers that put-downs and similar things may happen elsewhere, but are not appropriate in a Christian camp environment.



We teach our staff to recognize camp-related risks when leading activities and to take preventative measures, such as making sure campers drink plenty of fluids, wear sunscreen and the proper footwear for a particular activity. As a camp that meets the highest standards in nationwide standards, we provide additional training to, or require specialized certification of, staff who lead or coordinate the areas of program that have a higher degree of risk.

And, as we desire Rising Light Ridge to be a safe place for all of our campers and staff, we ask for some help from you. Included with your "Welcome to Camp" materials are a number of things we need your help with. Some of these things will ensure we have all of the proper information about your camper. These will comply with state health and healthy standards and the best practices in the camping industry. All of what we are asking you to complete and read allow us to better prepare for and provide a successful summer camp experience for you and your camper. Thanks in advance for your cooperation.

We equip our staff to handle any number of situations they may encounter with campers during a week of summer camp. But when it comes to helping your camper have a successful experience at camp, you as a parent/guardian are our number one resource. You know your camper better than we will ever know them, especially in the short space of time we see them at summer camp.

Know that if a situation involving your camper arises, be it homesickness, a behavioral issue, or a healthcare concern, you may be contacted by one of our Leadership Team or our Healthcare staff. We want to include you throughout the process, to help in working toward a solution, not just at the end, at a point of no return. We may call you to let you know what's going on in your camper's group, to keep you "in the loop". We may call you for advice, or to see if you could shed some light on a particular situation. We may even call just to let you know how great a day your camper is having.

If you don't get a call from RLR this summer, don't panic. Just relax and remember, by working together, we can help your camper have a positive and memorable summer camp experience like no other.

James Hilliard  
VP of Operations and Programs

[www.risinglightridge.org](http://www.risinglightridge.org)

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### 2021 SUMMER CAMP CURRICULUM

#### MONDAY

**DAILY THEME:** Thriving by becoming part of something bigger than ourselves.

**SCRIPTURE:** So we, though many are one body in Christ, and individually members one of another. - Romans: 12:5

**MESSAGE:** God designed us to thrive in the context of community - to become part of something bigger than ourselves.

#### TUESDAY

**DAILY THEME:** Thriving by valuing others and loving our neighbors.

**SCRIPTURE:** If anyone says, "I love God," and hates his sibling, he is a liar; for he who does not love his sibling whom he has seen cannot love God who he has not seen. - 1 John 4:20

**MESSAGE:** Loving our neighbor means valuing every person in the image of God, without showing partiality or prejudice.

#### WEDNESDAY

**DAILY THEME:** Thriving by overcoming our fears and weaknesses.

**SCRIPTURE:** For God gave us a spirit not of fear but of power and love and self-control. - 2 Timothy 1:7

**MESSAGE:** God helps us to overcome our timidity and weaknesses to do unimaginable things, when we are willing to trust Him despite our insecurities.

#### THURSDAY

**DAILY THEME:** Thriving by putting our small hands in the hands of a big God.

**SCRIPTURE:** Now to him who is able to do far more abundantly than all that we ask or think, according to the power at the work within us. - Ephesians 3:20

**MESSAGE:** God wants to use the little things in our lives to be a big blessing to others.

#### FRIDAY

**DAILY THEME:** Thriving by trading in our complacency for compassion.

**SCRIPTURE:** Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience. - Colossians 3:12

**MESSAGE:** God wants our hearts to break for the things that break His.





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# Camper Information Packet

## HELPFUL PACKING TIP

### Pack with your camper

Packing with your camper is a great opportunity to build excitement about camp and to talk about any anxieties or concerns your camper may have about their upcoming experience. Plus, you can make sure they pack everything they need, and leave at home the stuff meant to stay at home.

### What to pack your stuff in

Pack your camper's stuff in something that could be easily carried from registration to your camper's tent.

### Pack appropriate attire for camp

Pack clothing that is comfortable in hot summer weather, suitable to play in outside, with the potential to get wet or dirty. A special shopping trip is not needed. Old, well-worn, broken-in clothes and shoes are great! Campers should not pack suggestive or revealing clothes and also should not promote alcohol, drug use, or other inappropriate behaviors.

### Use the "What to Bring" Tool

Use our "What to Bring" list when you pack. Once you are packed tuck the checklist into your camper's luggage so they know what they should be bringing home.

### Label everything

Put your camper's first and last name on everything using a permanent marker. If your camper loses something, it may turn up in Lost and Found. Unclaimed items are disposed of or donated to charity at the end of the summer.

### Note about swimsuits

We recommend that female campers wear one-piece bathing suits and that male campers wear swim trunks or board shorts. T-shirts can also be worn at the lake if they would feel more comfortable.

### If you are bringing medications to camp

All medications (prescription, non-prescription and over the counter) remain with and are dispensed by our Healthcare Professional. Please pack your medications separately from your luggage, so you will be able to easily access them to turn into the Healthcare Professional during registration.



# Camper Information Packet

## Arrival & Departure

### Sunday Arrival

Rising Light Ridge is located in Bear Creek, PA. We are found right past 550 White Haven Rd. on the right side of the road. You will see a sign and excited staff ready for your week at RLR. Registration for camp will be between 3:00-5:00pm on Sunday afternoon, beginning near the gate and will be drive-through style. Staff members will greet you at your vehicle. We will confirm your contact information and have you fill out the dismissal form for the last day of camp. The nurse will be there to accept any medicines and campers will get their temperature checked and be screened for lice. In order to minimize exposure, parents will not be allowed into Rising Light Ridge at drop off. Our staff will greet campers at their tent, unload their belongings and then help them get settled into the tent. We thank you in advance for your understanding and cooperation.

### Friday Pick Up

Pick up will begin at the same place where registration took place. Camper pick up will be between 2:00-3:00 p.m. When you arrive at Rising Light Ridge all campers and their belongings will be at the camper pick up area. You will be asked to show your photo ID before picking up your camper. The nurse will have medicine to return to you. We will also share an email link to a slideshow for you to watch online when you return home.

## Stay Connected

Stay connected during the week (and all year long!) Like and follow Rising Light Ridge (RLR) on Facebook, Instagram and Twitter to stay up to date with pictures, videos, blogs and more! Visit [risinglightridge.org](http://risinglightridge.org) and see what is offered year round at Rising Light Ridge. Please share RLR with others as a destination for retreats, meetings, trainings and gatherings.





# HEALTH & SAFETY PLAN

To make plans for Summer 2021 we have consulted with the American Camp Association (ACA), the CDC and the Pennsylvania Department of State Health Services (TDSHS) to provide a safe environment for our campers and families. In addition to our normal cleaning procedures and monitoring of campers health, we have implemented the following guidelines. We ask that all families help us preserve the health of all participants by disclosing if your camp participant meets any of the following conditions:

- Fever of 100.0 or higher within 7 days of arriving at camp
- Have been instructed by a health care official to self isolate
- Have had contact with a person who has tested positive for COVID-19 within 14 days before arriving at camp

If any participant begins to show concerning symptoms, as determined by the on-site nurse, the participant will sensitively and kindly be put into isolation. Parents will be contacted immediately and the participant will be taken to a local health office to be evaluated. From there, appropriate action will be taken depending on the results of evaluation and tests. Participants approved to stay at camp will be kept in isolation until symptom free.

Parents and proper health officials will be notified if there is ever a positive case of COVID-19 related to a participant who attended camp. The fastest and most efficient way to communicate this is through email. We will confirm your email address with you when your participant is dropped off at camp.

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## GET READY FOR CAMP!

### Pack Right and Pack Light!

#### BRING

- Bible
- Jeans (Long Pants)
- Shorts (modest length)
- T-Shirts
- Pancho
- Tennis Shoes (2 older pair)
- One set of clothes to get dirty
- Sleeping Bag
- Pillow
- Bug Spray
- Towel (2)
- Toiletries (shampoo, toothbrush, etc)
- Water Bottle
- Swimsuit (modest)
  - One Piece (females)
  - Board Shorts/Swim Trunks (males)
- Suitcase
- Deoderant
- Sweatshirt/Jacket

#### DON'T BRING

- Electronics
- Cell Phones
- Pets
- Alcohol or other Substances
- Personal Equipment
- Weapons
- Fireworks



For more information please visit [www.risinglightridge.org](http://www.risinglightridge.org)



# Communication with your camper



## Should I write my camper?

YES! ABSOLUTELY! Nothing makes a camper's day like receiving a letter from home. We encourage you to write your camper regularly while they are at camp. Here is a secret...shhh..don't tell. You can pre-write your camper and drop off those messages during registration. We deliver the mail daily after lunch. You are also welcome to email your camper at [registrar@risinglightridge.org](mailto:registrar@risinglightridge.org)

## What are Rising Light Ridge's policies related to cell phone?

During camp, we work hard to build a sense of community among campers. We design the program, activities, and experiences for campers so that they can "get away" from the distractions and the "busyness" of the everyday world. Camp is also a time of discovering who they are in the eyes of God. Experience has shown that



## Small Group Camping

At Rising Light Ridge we focus on building a community of belonging. To create that we use a small group camping model at the core of our summer camp programs.

Upon arriving at camp, campers are placed in "family groups" that are a mixture of males and females. This group remains together for the duration of their time at camp, traveling to and from and participating in activities together, eating meals and seeing each other through God's eyes. We believe empowering youth this way helps build competence and confidence. It's important to remember that every group's schedule will be different as a result of this unique planning process.

Campers are encouraged to participate enthusiastically and to the best of their ability in all aspects of camp life, even the activity is "not their favorite".

Rising Light Ridge will be a place where all are welcome in a community of belonging where guests of all backgrounds and abilities, and their families, can experience Faith, Hope and Love in an environment that celebrates each guest's unique abilities as well as the characteristics that unite us all as God's image bearers.



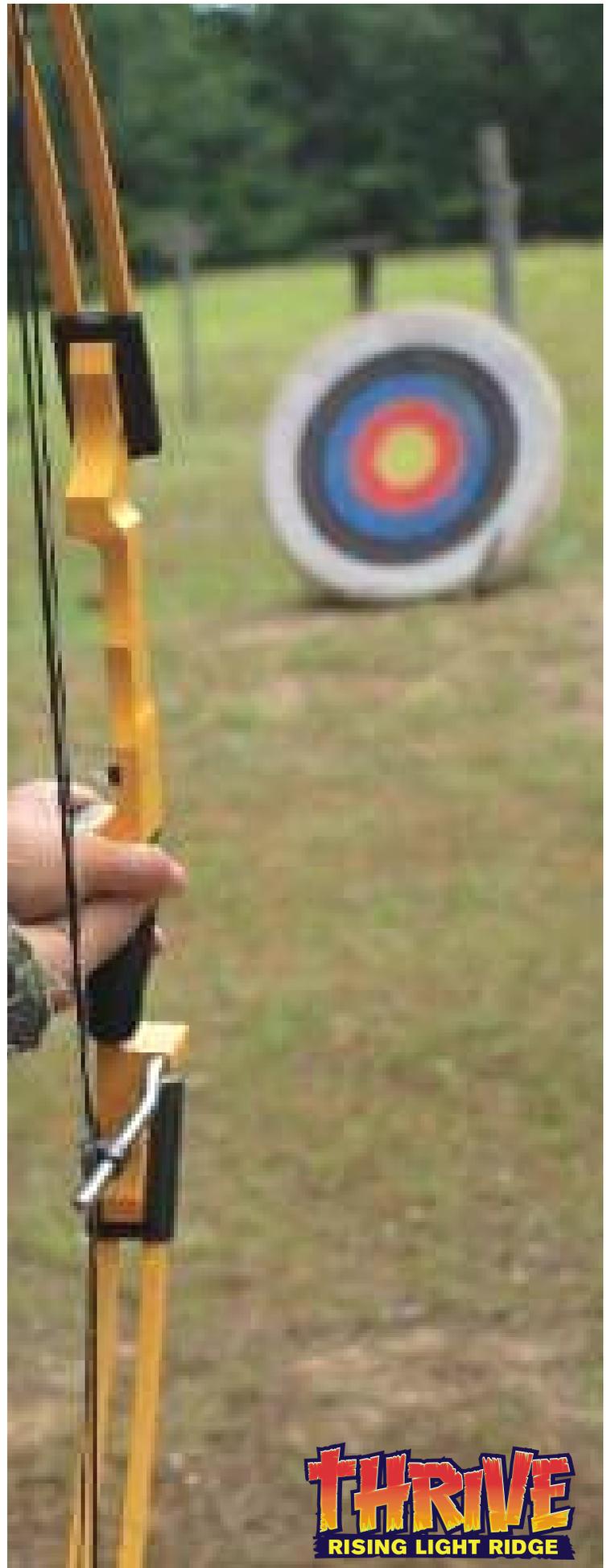
# More Helpful Hints

- Discuss Rising Light Ridge's policies with your camper beforehand
- Talk with your camper about his or her concerns and what he or she is looking forward to
- Pack with your camper
- Let your camper know that the camp staff is there to help them
- Prepare your camper for spending time away from home

# Things to Avoid

- Avoid making deals or using bribes
- Avoid statements or actions that conflict with camp policies
- Avoid sending your camper to camp during a disruptive home situation
- Avoid keeping helpful information from camp staff about your camper
- Avoid taking your camper off of prescription medications for their week at camp

**We encourage you to share your concerns and thoughts about Rising Light Ridge with and of our Leadership Staff. Your feedback is welcome and requested. We need to know from you what we should be doing more of and what we should be doing less of, as well as what you think we're doing well! What services or programs Rising Light Ridge can provide that would benefit you and your family.**



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# CAMP THEME DAYS!

## Sunday- Rep Yo City

It's your First Day at camp. Why not wear something to represent where your from! This will help everyone get to know each other better! You could wear a school shirt or a shirt with your home state on it the options are limitless!



## Monday- Merica' Monday

Today's the day to dress in your best RED, WHITE, and BLUE! Wear a USA shirt or simply the colors and represent! Also fun fact, did you know the summer Olympics are this summer!!!

## Tuesday- Glow Crazy

Wear your wildest colors today! Bright neons or anything colorful! Pssst... there might be glow sticks involved!

## Wednesday- Way Back Wednesday

Today's the day to throw it back a little! Dress as your favorite decade or rock an old band shirt or whatever you feel like wearing!

## Thursday-Tropical Thursday

It's time to celebrate the last full day of camp! Bring out your best tropical shirt and lets have a tropical Luau!

## Friday-Camp Spirit

Let's wrap up the week by wearing our awesome camp shirts and show some camp spirit!